

Illness Exclusion Table

I follow the guidance set out by the **UK Health Security Agency (UKHSA)**. This is to protect all children in the setting, as well as my own family and home.



Illness / Symptom	Exclusion Period (Minimum)
Sickness and/or Diarrhoea	48 hours from the <i>last</i> episode of illness.
High Temperature (38°C+)	Until the temperature returns to normal without medication.
Antibiotics (New Course)	The first 24–48 hours must be at home (to check for reactions).
Chickenpox	Until all blisters have fully crusted over (usually 5–6 days).
Hand, Foot and Mouth	Until the child is feeling well and all blisters are dry/healed.
Conjunctivitis	No exclusion, but must be treated. If eyes are weeping heavily, stay home.
Whooping Cough	48 hours after starting antibiotics, or 21 days from onset if no antibiotics.
Impetigo	Until lesions are crusted/healed or 48 hours after antibiotics started.
Scarlet Fever	24 hours after the first dose of starting appropriate antibiotic treatment.
Measles / Mumps / Rubella	4 days (Measles/Rubella) or 5 days (Mumps) from onset of rash/swelling.
Head Lice	No exclusion, but treatment must be applied before returning.